

Hope Recovery, Inc.

January 2018

Mending Hearts

2018

Happy New Year! Our hope is that 2018 is a new beginning or a continuation of the goals from last year. May this be your best year ever!

Hope Recovery has several plans for 2018. We are very excited to add Vermillion County, Indiana to our local area expansion. As we started in 2017 distributing literature and offering support services in Parke County, we will be taking these same steps in Vermillion County this year.

A major project for 2018 is creating our resource directories. Our initial one is local—for Parke & Vermillion counties, Indiana, with an anticipated release date in January 2018. Our second planned resource directory is more of a national scope, planned for the last quarter of 2018. We are looking for volunteers who will assist the national project to cover every state, so if you or someone you know is looking to volunteer your time and talents to assist with the resources for our national directory, please contact us at recovery@hope4christianrecovery.org as soon as possible.

Groups

As always, we are going to be offering support groups both online and locally. Trauma & Addiction is being offered locally on Friday evenings at 6 pm Eastern in Vermillion County, Indiana.

Beginning Thursday, February 1st at 8 pm, we will be offering a group online for Adult Female Survivors of Childhood Sexual Abuse. This will be offered the 1st and 3rd weeks of the month. This group requires a quiet space to be able to voice chat (no video).

Both groups last for 1.5 hours and require pre-registration to keep our groups small.

Hope Recovery, Inc.

PO Pox 91 Shepardsville,
IN 47880

MISSION

The mission of Hope Recovery is to provide Christ-like compassion in the lives of trauma survivors by assisting them in recovery, providing support, resources, committed volunteers, and standards of excellence.

VISION

Hope Recovery aspires to work with professional mental health staff to assist in the supportive facilitation of trauma survivors in achieving their recovery goals.

Phone: (765) 505-8908

Email:

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Hope Recovery



Support for Survivors of Trauma

Trauma

<i>Abuse</i>	<i>Violence</i>	<i>Disasters</i>
<i>Self-Harm</i>	<i>Substance Abuse</i>	<i>Grief</i>
<i>Hope</i>	<i>Support</i>	<i>Recovery</i>

If you would help in supporting survivors of trauma, please consider making a donation today to our address above, or on our website through PayPal. Any amount will help us to continue to provide support for survivors of trauma free.

Starting Off 2018!

Tell the story of the mountain you climbed. Your words could become a page in some else's survival guide. ~~Morgan Harper Nichols

The best gift you are ever going to give someone—the permission to feel safe in their own skin. To feel worthy. To feel like they are enough. ~~Hannah Brencher

Talk to yourself like you would to someone you love. ~~Brene Brown

You are braver than you believe, stronger than you seem, and smarter than you think. ~~Author Unknown

A woman of God may be quiet, but she's a warrior, and her prayers can move mountains. ~~Woman of God 2017

Start where you are. Use what you have. Do what you can do. ~~Arthur Ashe