

Hope Recovery, Inc.

October 2018

Mending Hearts

October is Domestic Violence Awareness Month

October is a month where we are planning to educate the local communities on domestic violence in various relationships such as dating, partnerships and the impact on children and the relationship of substances with domestic violence. We are targeting Parke, Putnam, Fountain and Vermillion counties in Indiana this year.

Welcome our newest volunteers and Intern

Please help me welcome Linda, our newest volunteer brings over 20 years of business education. She has already provided us with most excellent resources and design for some projects she has worked on. She has made a lot of things so much easier for us already!

Jamie is joining us to help with research and data work. She has already been active in this role and is an expert at this with years of experience behind her.

Stephanie volunteered to help also with data and research. We are so blessed to have her be able to type up and work on tasks that we need done but just don't have time to do everything here. She has two young ones and still finds time to volunteer her time.

Lakeisha is our newest intern. She is a Senior in her studies and is completing a Human Services internship with us. In this role, she is focusing on the development and implementation of establishing and co-facilitating a trauma support group and assisting with developing a workshop for clergy who minister to trauma survivors while addressing the topic of the awareness and prevention of compassion fatigue. Lakeisha will also be co-hosting this workshop.

Hope Recovery, Inc.

PO Box 91
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MISSION

The mission of Hope Recovery is to provide Christ-like compassion in the lives of trauma survivors by assisting them in recovery, providing support, resources, committed volunteers, and standards of excellence.

VISION

Hope Recovery aspires to work with professional mental health staff to assist in the supportive facilitation of trauma survivors in achieving their recovery goals.

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Trauma

<i>Abuse</i>	<i>Violence</i>	<i>Disasters</i>
<i>Self-Harm</i>	<i>Substance Abuse</i>	<i>Grief</i>
<i>Hope</i>	<i>Support</i>	<i>Recovery</i>

Hope

Many survivors of trauma feel quite alone. For some who have been violated, it is difficult to share. With others what happened. For those who were involved in situations where the trauma occurred when it may not of happened if they had made different choices—such as drinking and driving where an injury occurred to another person can bring a lot of guilt and shame. It's difficult to reach out when you feel it's your fault something happened.

I want to share with you, that its's okay to share here. If you know someone who has been abused, assaulted, experienced a medical trauma or another trauma and feel they could benefit from encouragement or support, please give them our information. We want to provide support and encouragement to those who are hurting. Not everyone who has experienced a trauma needs support as they may have a strong support system in place already, yet many are lacking that. Help us get the word out.

Check out the support groups we offer, our Facebook communities, and our newsletters. There are options and avenues of support that we want to offer whoever needs it.

There is hope!