



Hope Recovery

Support for Survivors of Trauma

Scriptures for Comfort

Psalm 34:15 The eyes of the LORD are on the righteous and his ears are attentive to their cry

Psalm 34:17-19 The righteous cry out, and the LORD hears them; he delivers them from all their troubles. The LORD is close to the brokenhearted and saves those who are crushed in spirit. A righteous man may have many troubles, but the LORD delivers him from them all

Psalm 147:3 He heals the brokenhearted and binds up their wounds

John 14:1 Jesus said, "Do not let your hearts be troubled. Trust in God; trust also in me."

Psalm 46:1 God is our refuge and strength, an ever-present help in trouble.

2 Corinthians 4:16 Therefore we do not lose heart. Though outwardly we are wasting away, yet inwardly we are being renewed day by day.

Psalm 18:28 You, O Lord, keep my lamp burning; my God turns my darkness into light.

1 Peter 5:7 Cast all your anxiety on Him because He cares for you.

Deuteronomy 31:6 Be strong and courageous. Do not be afraid or terrified because of them, for the Lord your God goes with you; He will never leave you nor forsake you.

Psalm 23:4 Even though I walk through the valley of the shadow of death, I will fear no evil for you are with me; your rod and your staff, they comfort me.

Psalm 63:8 My soul clings to you; your right hand upholds me.

Psalm 10:17-18a You hear, O LORD, the desire of the afflicted; you encourage them, and you listen to their cry, defending the fatherless and the oppressed



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Psalm 22:24 For he has not despised or disdained the suffering of the afflicted one; he has not hidden his face from him but has listened to his cry for help.

Psalm 68:5-6a A father to the fatherless, a defender of widows, is God in his holy dwelling. God sets the lonely in families, he leads forth the prisoners with singing;

Psalm 119:76 May your unfailing love be my comfort, according to your promise to your servant.

Psalm 29:11 The LORD gives strength to his people; the LORD blesses his people with peace.

Psalm 9:18 But the needy will not always be forgotten, nor the hope of the afflicted ever perish.

Matthew 5:3-4 Blessed are the poor in spirit, for theirs is the kingdom of heaven. Blessed are those who mourn, for they will be comforted.

2 Timothy 1:7 For God has not given us a spirit of fear, but of power and of love and of a sound mind.

John 14:27 Peace I leave with you, My peace I give to you; not as the world gives do I give to you. Let not your heart be troubled, neither let it be afraid.