

Pushing for sexual activity by the discussions taking place or control

The use of spiritual truths or biblical texts to cause shame or control

Manipulation of the leader to meet personal needs

Lying or shaming

Disrespectful of individuality of making decisions

Creating fear or confusion

**Child Abuse Hotline**  
800-422-4453

**Domestic Abuse Hotline**  
800-799-7233

**Sexual Assault Hotline**  
800-656-4673

### **STATEMENT OF FAITH**

Psalm 147:3 He heals the broken-hearted and binds up their wounds.

### **MISSION**

The mission of Hope Recovery is to provide Christian-based compassion in the lives of trauma survivors by assisting them in recovery, providing support, resources, committed volunteers, and standards of excellence.

### **VISION**

Hope Recovery aspires to work with professional mental health staff to assist in the supportive facilitation of trauma survivors in achieving their recovery goals.

**Donations are welcome to  
keep support services free  
for trauma survivors.**

### *Hope Recovery*

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Clinton, IN 47842

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*Hope Recovery Inc.*

## *Forms of Abuse*



*{ You Are Not Alone! }*



## *Forms of Abuse*

### **Forms of Physical Abuse:**

Pushing  
Punching  
Burning  
Biting  
Slapping  
Kicking  
Destruction of property  
(throwing objects, punching  
walls, breaking things)  
Choking  
Using weapons – knives, guns,  
boards, baseball bats, etc.  
Homicide  
Suicide  
Harming of pets

### **Forms of Emotional Abuse:**

Ignoring  
Isolating  
Humiliating  
Neglecting

Criticizing

Intimidating (making angry or  
threatening gestures, standing  
in the doorway during argu-  
ments, driving recklessly, out-  
shouting the other person, use  
of physical size to intimidate)

Mind games

Disrespecting

Embarrassing

Making threats

Overly Jealous

Isolating

### **Forms of Verbal/Mental Abuse:**

Name-calling

Yelling

Making threats

Insulting

Blaming

Making demands

Lying and cheating

Breaking promises

Harming of pets

### **Forms of Sexual Abuse:**

Unwanted touching  
Sexual name-calling  
Inappropriate looks  
Unfaithfulness  
False accusations  
Forced sex  
Hurtful sex  
Pressure to dress in a more  
“suggestive” way

### **Forms of Spiritual Abuse:**

Refusing to provide spiritual  
care based on gender  
Pushing for a victim to return  
or forgive a perpetrator  
Using threats to maintain con-  
trol  
Dictation of basic decisions  
Denying divorce when there are  
grounds for divorce